### Fall 1
- **ENGL 103** 3<br>- **COMS 100** 3<br>- **Gen Ed: Humanities (VPA)** 3<br>- **Math 210** 3<br>- **EPFE 201** 3<br>- **UNIV 101** 1<br>**Total hours**: 16

### Spring 1
- **ENGL 104** 3<br>- **Gen Ed: Humanities (LAS)** 3<br>- **CHEM 110** 1<br>- **CHEM 111** 3<br>- **STAT 208 or 301** 3-4<br>- **PSYC 102** 3<br>**Total hours**: 16-17

### Fall 2
- **BIOS 103 and 105** 4<br>- **SOCI 170 or ANTH 120** 3<br>- **Gen Ed: Humanities** 3<br>- **Gen Ed or Elective** 3<br>- **ECON 260** 3<br>**Total hours**: 16

### Spring 2
- **CHEM 230** 3<br>- **Gen Ed or Elective** 3<br>- **Gen Ed or Elective** 3<br>- **BIOS 357** 5<br>- **Elective or AHCD 318** 3<br>**Total hours**: 14

### Summer 1
- **Total hours**: 0

### Fall 3
- **FCNS 309** 3<br>- **FCNS 498** 1<br>- **MGMT 333** 3<br>- **FCNS 200A** 3<br>- **FCNS 200B** 2<br>- **BIOS 213** 3<br>**Total hours**: 15

### Summer 3
- **Total hours**: 0

### Fall 4
- **FCNS 409** 3<br>- **FCNS 415** 3<br>- **Upper level elective, minor or other** 3<br>- **Upper level elective, minor or other** 3<br>- **Upper level elective, minor or other** 3<br>**Total hours**: 15

### Spring 4
- **FCNS 410** 3<br>- **FCNS 416, 306, 316, or 427** 3<br>- **FCNS 420** 3<br>- **Upper level elective, minor or other** 3<br>**Total hours**: 12

**Notes/Comments:**
- 1. Take Food Service Sanitation Certification Exam, if not previously completed.
- 2. Work on 100 hours of food service needed for FCNS 320

**Summer 3**
- **Total hours**: 0

**Notes/Comments:** Continue with work experience in the nutrition field

**Fall 4**
- **Upper level elective, minor or other** 3
- **Upper level elective, minor or other** 3
- **Upper level elective, minor or other** 3
- **Total hours**: 15

**Notes/Comments:** After fall 2011, FCNS 420 will be offered in the spring semester only

**Spring 4**
- **FCNS 416, 306, 316, or 427**
- **FCNS 420**
- **Upper level elective, minor or other**
- **Total hours**: 12

**Notes/Comments:** Take FCNS 416 if seeking DPD verification

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**Notes:**
- Complete CPR & First Aid certification
- Attend Orientation for Dietetic Internship and apply (Feb)
- Meet all degree requirements based on courses in progress.
- Apply to Dietetic Internship Programs
- Meet all degree requirements based on courses in progress.
- Apply for graduation (2/1 for May, 6/15 for August, or 9/1 for December)

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**Notes/Comments:** This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.